

II JORNADAS

Internacionais em
Prescrição do
Exercício e
Promoção da
Saúde

Conference in Exercise Prescription
and Health Promotion

| Auditório 2
| Politécnico de Leiria
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Article Title

**Author Name 1;
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Subtopic you want your article to fall under (x):

Intervention strategies for the prescription of physical exercise for health ____

Innovation and technology in physical activity and health ____

Abstract

This text indicates the format the abstracts submitted to the II Conference in Exercise Prescription and Health Promotion must respect. Respect the present form in the elaboration of the abstract of the article.

*Abstract text must not exceed **300 words**. The font must be Georgia, 9.5, italics, single spacing, justified, 6 pts after the paragraph.*

Keywords: up to 5.

The abstract of the article to be submitted the easyChair platform on the website until November 1, 2022. Any other clarifications may be requested from the Organizing Committee of the II Conference in Exercise Prescription and Health Promotion (jornadasmpeps@gmail.com).

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